

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Pedro

Coaches: Desmet Lindsay

Coaches: Vandeputte Debby

Coaches: Demeyere Linda

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:1, starttime: 15:04
Heat: 1/4 Lane : 5 Athlete: NOPPE PAULINE					Q-time: 01:16:12
PB (25m pool): 01:16.12 Zwevegem 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.24		01:16.12	
	00:35.24		00:40.88		
					

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16					Heat:4, starttime: 15:20
Heat: 4/5 Lane : 8 Athlete: SCHACHT HANNE					Q-time: 00:31:03
PB (25m pool): 00:31.03 Brugge 04/10/2026					PB (50m pool): 00:32.79 SB: 00:31.03 Brugge 04/10/2026
	2 5 M	5 0 M			
PB		00:31.03			
	00:31.03				
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 15:30
Heat: 1/5 Lane : 2 Athlete: NOPPE PAULINE					Q-time: 01:22:43
PB (25m pool): 01:22.43 Brugge 04/10/2026					PB (50m pool): 01:24.21 SB: 01:22.43 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.88		01:22.43	
	00:35.88		00:46.55		
					

Coach feedback:

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Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:3, starttime: 15:34
Heat: 3/5 Lane : 3 Athlete: VERSTRAETE LINDE					Q-time: 01:09:97
PB (25m pool): 01:09.97 Brugge 04/10/2026					PB (50m pool): 01:10.07 SB: 01:09.97 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.41		01:09.97	
	00:33.41		00:36.56		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:4, starttime: 15:36
Heat: 4/5 Lane : 4 Athlete: VELGHE LAURA					Q-time: 01:07:09
PB (25m pool): 01:07.09 Brugge 04/10/2026					PB (50m pool): 01:07.77 SB: 01:07.09 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.18		01:07.09	
	00:31.18		00:35.91		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:4, starttime: 15:56
Heat: 4/7 Lane : 5 Athlete: SCHACHT HANNE					Q-time: 01:01:44
PB (25m pool): 01:01.44 Ieper 04/01/2026					PB (50m pool): 01:04.56 SB: 01:02.50 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.28		01:01.44	
	00:29.28		00:32.16		
					

Coach feedback: